

# Caring for someone with Dementia?

Worried that they may go missing?



**POLICE  
SCOTLAND**  
Keeping people safe  
**POILEAS ALBA**



HEALTH AND SOCIAL CARE  
**SCOTLAND**



**Scottish Care**  
Voice of the independent care sector

**Alzheimer Scotland**  
Action on Dementia



**The Scottish  
Government**  
Riaghaltas na h-Alba



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The Herbert Protocol is here to give you some reassurance and help keep your loved ones safe. The system provides the police with everything they need to know to search for the person living with the dementia.

It's a form that is kept at home containing important information regarding known routines, habits as well as descriptions of your friend/relative and details of their and others involved with their care. It can be handed to Police so that you do not have to worry about gathering the information during what can be a very stressful time.

You can download the form from [scotland.police.uk/herbertprotocol](https://scotland.police.uk/herbertprotocol) It should be kept up-to-date so that all the information is relevant and current. A recent photograph should also be kept with the form.

The police will only need the form when the person is reported missing and the form will be returned when the person is found.

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## What should I do if I am concerned that my friend or relative is missing?

If you believe the person is missing and at risk of harm, please call '999' at the earliest opportunity. Tell the operator you have a Herbert Protocol form.