

COMMUNITY LINK WORKERS

Gill Last

07974 852774

Gill.Last@royalvoluntaryservice.org.uk

Sue Macdonald

07974 034497

Susan.Macdonald@royalvoluntaryservice.org.uk

Dorothy Gascoigne

07974612869

Dorothy.Gascoigne@royalvoluntaryservice.org.uk



We have professional backgrounds in Health, Social Care and the voluntary sector.



We are members of the National Association of Social Prescribers.



We are employed by the Royal Voluntary Service under a contract with East Lothian Health and Social Care Partnership.

THE COMMUNITY LINK WORKER SERVICE BASED AT:

Dunbar Medical Centre
Queens road
Dunbar
EH42 1EE

East Linton Surgery
Station Road
East Linton
EH40 3PD

It is available to patients registered with:

Lauderdale Medical Practice
Whitesands Medical Practice
Cromwell Harbour Medical Practice
East Linton Surgery

To access the service you will need a referral from your GP or Health Care Professional.

ROYAL
VOLUNTARY
SERVICE

SOCIAL PRESCRIBER LINK WORKERS



EAST LINTON & DUNBAR

Royal Voluntary Service is a registered charity 1015988 (England and Wales) & SC038924 (Scotland) and is a limited company registered in England and Wales with company number 2520413. Registered office: Royal Voluntary Service, PO Box 565, Unit B, RD Park EN11 0RF. All statistics and data correct at time of publication.

WELCOME

TO THE COMMUNITY LINK WORKER SERVICE AT DUNBAR MEDICAL PRACTICE AND EAST LINTON SURGERY

We are a team of three link workers supporting your GP and Health Professionals by providing practical support.

We work with people who have a range of needs, including loneliness and isolation, those who need support with their mental health, are carers, have financial issues and those with long term health conditions.

We focus on you as an individual, beyond any medical needs, to assist and support you to live the life you want to live.

OUR AIM IS TO HELP YOU IDENTIFY YOUR GOALS AND ASSIST YOU TO MAKE SUSTAINABLE CHANGES.

THE LINK WORKER SERVICE

We will contact you within two weeks of receiving your referral, by your preferred method of contact e.g. phone/text/email/letter.

Following this, we will arrange a face-to-face appointment with you. Meetings are usually between 45-60 minutes and can take place at Dunbar Medical Centre or East Linton Surgery, or in the local community (even going for a walk!). We can also arrange video appointments via Teams (or Zoom) and telephone assessments.

In some instances we can arrange a home visit.

WHAT WE DO

We will use your initial appointment to get to know you and your needs.

We can then work with you to make a personal plan that will provide you with confidence to move forward. This may mean linking you to local services such as social or well being groups, or links to organisations for support with financial/ debt management, advocacy support, training or education etc.

We can assist you to connect to voluntary and statutory services such as housing, social care or benefits agencies. Links to a range of volunteering opportunities, if appropriate, are also possible.

We will regularly review your plan with you to ensure your needs are being met - this is usually over a span of six appointments.